

# 3<sup>rd</sup> Iran Summer Camp

Mt. Alam Kauh 4848m

Mt. Damavand 5671m

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**07 JULY**  
**2017**





**UIAA**

3rd Iran Summer Camp Festival

# AGENDA

INTERNATIONAL FEDERATION MOUNTAINEERING (UIAA)  
I.R. IRAN MOUNTAINEERING & SPORT CLIMBING FEDERATION (IMSCF)

# Time Table of 3rd Iran Climbing Summer Camp

**3<sup>rd</sup>**  
Iran Summer  
Camp  
Mt. Alam Kuh 4848m  
Mt. Damavand 5671m  
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You can choose one of bellow programs to join

Day Of Week	Date	Program	Plan I	Plan II	Plan III	Plan IV
Fri	July 7	Arrival to Hotel & Register O/N Hotel	✓	✓	✓	
Sat	July 8	transfer to Mazandran province – Polour- Federation Hut	✓	✓	✓	
Sun	July 9	Transfer to C2 by 4*4 Jeeps- Trekking to C3-Bargah Sevom	✓	✓	✓	
Mon	July 10	Acclimatization	✓	✓	✓	
Tue	July 11	Summit Day- Return to C3	✓	✓	✓	
		Arrival to Hotel & Register O/N Hotel				✓
Wed	July 12	Trek to C1- Transfer to Polour – Return to Tehran		✓		
		Trek to C1- Transfer to Polour – Transfer to Roudbarak (Alam-Kuh region)	✓		✓	
		Transfer to Roudbarak (Alam-Kuh region)				✓
Thu	July 13	Tehran – flight back*		✓		
		Rest day in Roudbarak	✓		✓	✓
Fri	July 14	Transfer to Hesarchal Camp1	✓		✓	✓
Sat	July 15	Training courses on the Glacier	✓			✓
		Climb to Alam-kuh summit- return to Hesarchal camp1			✓	✓
Sun	July 16	Training courses on the Glacier	✓			✓
		Back to Roudbarak Camp- Return to Tehran			✓	
Mon	July 17	Climb to Alam-kuh summit- Return to Hesarchal camp1	✓			✓
		Tehran – Flight back*			✓	
Tue	July 18	Back to Roudbarak Camp- Return to Tehran	✓			✓
Wed	July 19	Tehran- Flight back*	✓			✓



# IMSCF

I.R. IRAN MOUNTAINEERING & SPORT CLIMBING FEDERATION

## WELCOME YOU

**3<sup>rd</sup>** Iran Summer  
Camp  
Mt. Alam Kauh 4848m  
Mt. Damavand 5671m  
**07 JULY**  
**2017**

**TO**  
**THIRD IRAN SUMMER CAMP FESTIVAL**  
**IRAN 7 - 19 JULY 2016**

**Plan I:** UIAA Mt. Damavand and Alam-kuh Event, Attending Training courses in Alam-kuh region

**Plan II:** UIAA Mt. Damavand Event

**Plan III:** UIAA Mt. Damavand and Alam-kuh Event, Without Training courses

**Plan IV:** Alam-kuh Event, Attending Training courses in Alam-kuh region

### Notes:

- For the Tehran-flight back day you can request city-sighting in Tehran; you should mention if you want Hotel reservation for one extra night.
- ✓ All the groups are under coverage of Iranian Insurance Company.
- ✓ Security for all groups in these expeditions are guaranteed by I.R. Iran Mountaineering & Sport Climbing Federation.
- ✓ All the meals of all programs are full board B/L/D
- ✓ The responsibility of Iran Visa Issuance is by I.R. Iran Mountaineering & Sport Climbing Federation
- ✓ For Visa please contact Mr. Mahmoud Hashemi
- ✓ The city sights are optional and flexible upon your request

### Registration fee:

**Plan I ..... € 500**

**Plan II ..... € 450**

**Plan III ..... € 350**

**Plan IV .....€ 350**



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## Introduction and philosophy:

According to the collaboration between Iran federation and UIAA, Iran won the nomination for holding youth camp of 2015, 2016 and 2017. The first camp was held successfully in Damavand Mount, 5671 meters; also the Second camp was held based on technical climb in Sabalan mount. As a result, the Youth Commission voted again for hosting this international event in Iran for 2017.

In 2016 our commissions successfully hosted 22 participants from 7 different Asian and European countries, such as great members of Afghanistan federation, president of this organization, named Sedigheh Norestani, and participants from Island, India and Turkey; and 94 Iranian climbers including members of Youth National Team.

### The youth camp was held in Iran to maintain these purposes:

- A chance for youth climbers to become familiar with Iran's nature and social environment.
- Getting to know mountains and continent of Iran.
- Sharing cultural differences and experience cultural and social exchange.
- Teaching Ice and snow techniques with experienced instructors.
- Creating significant communication between Iran youth climbers and foreign climbers.
- Obtaining international status in UIAA and among related commissions.

## Damavand 5671 meter

### High, magnificent adventure spot, sub active volcano

**Mt. Damavand** is highest peak of Iran and the most prominent feature of Iran looming majestically near the southern coast of the Caspian Sea, also highest point in Middle East.

The highest volcano of the Asia is well-known for its volcanic crater and very unique wild flowers named as Mountain Tulip (*Tulipa Montana*). You can see this special flower mainly in June.





**Mt Damavand 5671m** has a narrow summit crater with permanent snowcap which surrounded by eye-catching peaks of Alborz Mountain range.

### Accommodations:

**Polour Camp:** Polour is one of the cities near Damavand which is located 80 kilometers away from Tehran. Iran Mountaineering Federation has an equipped shelter in this area. With comfortable rooms, no sleeping bag and extra water bottle is needed there.

**Mosque, Camp 1, Goosfand Sara (3040 m):** You will be transferred from Polour to the mosque by 4\*4 Jeeps. Your trekking will be started there and you will spend maximum 5 hours to get to the Camp3, Bargah Sevom.

**Bargah Sevom, Camp 3:** This Hut is last campsite of the Damavand Southern route. There is space for sleeping but tent spots around the hut is highly recommended due to the massive crowd in summer time. There would be light warm meal and some snacks, also bottled water to buy in the market. Toilets are outside.



## Alam kuh 4848 meter

This very beautiful and rocky mountain is located in North of Iran, Kelardast district and lays

across the Alborz range. lots of peaks surrounded the main Alam-Kuh summit which is the second highest mountain of Iran, 4,848 meters.

The Glaciers and routes with different difficulties make this mountain a very unique spot for technical training.

Hesarchal area, a huge flat ground where we set our camp is very colorful and green with majestic scenery during Summer time.



photo by: Mohsen Saedzadeh

**Technical equipment List which participants are expected to bring along for Training courses:**

1. Boot Climbing Multipurpose
2. Crampons
3. Gaiters
4. Harness
5. Tape Sling
6. Lock Carabineer (Two)
7. Waterproof Gloves
8. Mountaineering Axe

**General Equipment List which participants are expected to bring along:**

1. Boot Trekking
2. Sleeping Bag
3. Thermal Suits
4. Windproof Suit
5. Light Down Jacket
6. Snow Goggles/Glasses
7. Socks (2 pairs min)
8. Gloves Woolen
9. Cap Woolen
10. Headlights
11. Carry Mat
12. Water bottle
13. Walking Stick



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**IRAN 7 - 19 JULY 2016**



## INFORMATION & REGISTRATION

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(0098-21) 22569995,6 – 22764500 Fax: (0098-21) 22764531

**Registration deadline: 10 June, 2017**



**UIAA**



I.R. Iran Mountaineering  
& Sport Climbing Federation

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