

2nd International Congress

New Advances in Mountain Medicine and Emergency



in collaboration with



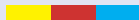
EURAC
research

INSTITUTE OF MOUNTAIN
EMERGENCY MEDICINE

photo by Francesca Agosta Tipress Ag. Fotografica (Tris Rotondo 2012 – CAS Ticino)

Varese – 19 April 2013 – Atahotel – Via F. Albani, 73 – Varese, Italy

Morning



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|-------|---|-------|---|--------------|---|
| 8.30 | Authorities Greetings and Presentation of Conference | 10.25 | How can the International Hypothermia Registry improve triage and outcome of accidental hypothermia victims? <i>B. Walpoth</i> | 11.50 | Pulmonary circulation at high altitude, effects of sympathetic and parasympathetic blockade <i>M. Maggiorini</i> |
| 8.45 | Microhemorrhages in lungs and brain <i>P. Bärtsch</i> | 10.45 | Expedition Doctor-Myths and Realities <i>U. Hefti</i> | 12.10 | Advances in Mountain Medicine Education: The UIAA/IKAR/ISMM Diploma of Mountain Medicine <i>D. Hillebrandt</i> |
| 9.05 | The rational use of medications at high altitude: treatment, prevention and doping <i>P. Hackett</i> | 11.00 | In-Hospital Decision Making in Accidental Hypothermia: the Bernese Hypothermia Algorithm <i>M. Brodmann Maeder</i> | 12.30 | Ultrasound diagnoses at high altitude and in mountain emergency medicine <i>G. Strapazzon</i> |
| 9.25 | Program RESAMMONT and International Frostbite Registry <i>E. Cauchy</i> | 11.15 | Management of multiple trauma in the mountains <i>F. Elsensohn</i> | 12.50 | Communication of Agusta Westland <i>Agusta Westland</i> |
| 9.45 | Altitude Cough: Psychophysiology and treatment <i>B. Basnyat</i> | 11.30 | Accidental Hypothermia, out-of-hospital triage and transport decisions <i>H. Brugger</i> | 1.00-2.00 pm | Break |
| 10.05 | World perspectives in mountain rescue <i>J. Ellerton</i> | | | | |

Afternoon



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|------|---|------|---|------|--|
| 2.00 | Lung adaptation at high altitude <i>A. Cogo</i> | 3.15 | Perspectives of nutrition in mountaineering <i>E. Arcelli</i> | 4.10 | Mind and performance at high altitude <i>P. Trabucchi</i> |
| 2.15 | Chronic hypoxia and adaptation to very high altitude in Tibetan highlanders <i>G. Ge Ri-Li</i> | 3.30 | In the footsteps of the killer: the traumatic pneumothorax (minithoracotomy) <i>A. Rinaldi</i> | 4.25 | Cardiovascular effects at high altitude <i>G. Parati</i> |
| 2.30 | Thoracic trauma in practice mountaineering <i>A. Imperatori</i> | 3.45 | Going altitude with neurological problems <i>G. Giardini</i> | 4.40 | Break |
| 2.45 | Essential equipment and aid packs in time of climbing: how do I use? View of the border service surgeon <i>K. Yusif-zade</i> | 4.00 | Acclimatization Practices of High-Altitude Recreationalists <i>L. Rozier</i> | 5.00 | Round-table discussion: The Future in Mountain Medicine |
| 3.00 | On-site treatment in difficult sites of accident Longline-Helicopter rescue missions <i>B. Durrer</i> | | | 6.00 | ISMM meeting (International Society for Mountain Medicine) |

Faculty

▶ Arcelli Enrico

Until 2010 (retired) Professor, Sport Science, Nutrition and Health, Milan University, Italy

▶ Bärtsch Peter

Universitätsklinikum Heidelberg Medizinische Klinik Innere Medizin VII

▶ Basnyat Buddha

Director of Nepal International Clinic, Katmandu, Nepal

▶ Brodmann Maeder Monika

Head of Education and Wilderness Medicine, Bern University Hospital, Department of Emergency Medicine

▶ Brugger Hermann

Institute of Mountain Emergency Medicine, EURAC research, Bolzano, Innsbruck Medical University

▶ Cauchy Emmanuel

Médecine Polyvalente Urgence, Hôpitaux du Mont-Blanc. Président de l'IFREMMONT

▶ Cogo Annalisa

Head of Centro Studi Biomedici applicati allo Sport, University of Ferrara

▶ Durrer Bruno

Dr.med., General Internal Medicine FMH, Emergency Medicine SGNOR, Sports-Medicine SGSM

▶ Ellerton John

Family Doctor in the Lake District, United Kingdom for over 20 years. He has combined this with emergency medicine and particularly Mountain Rescue

▶ Elsensohn Fidel

Chairman Medical Board of Austrian Mountain Rescue Service. President of ICAR-MEDCOM

▶ Festi Luigi

Deputy Chief Thoracic Surgery, Ospedale di Circolo Varese, Italy. Director of International Master Course in Mountain Medicine

▶ Ge Ri-Li Gao

Vice President of Qinghai University, Director and Professor, Research Center for High Altitude Medicine, Qinghai University, China

▶ Giardini Guido

Director Mountain Medicine Center Aosta Valley Regional Hospital. President of Italian Society of Mountain Medicine

▶ Hackett Peter

Director Institute for Altitude Medicine, Telluride Clinical Professor of Emergency Medicine, University of Colorado

▶ Hefti Urs

Head of the orthopedic and trauma department, County Hospital Münsingen, Switzerland

▶ Hillebrandt David

President of UIAA Medcom, Hon Medical advisor to BMC and Family doctor

▶ Imperatori Andrea

Department of Surgical Sciences of the University of Insubria, Varese. Thoracic Surgery, Ospedale di Circolo di Varese, Italy

▶ Maggiorini Marco

Medical Intensive Care Unit, University Hospital, Zürich

▶ Parati Gianfranco

Professor of Cardiovascular Medicine, Dept of Health Sciences, University of Milano-Bicocca. Head, Dept of Cardiovascular, Neural and Metabolic Sciences, S.Luca Hospital, Istituto Auxologico Italiano, Milano, Italy

▶ Rinaldi Adriano

Department of Anesthesia and Intensive Care, University of Trieste

▶ Rozier Leslie

Family Nurse Practitioner, Pinedale, Wyoming, USA

▶ Strapazzon Giacomo

Institute of Mountain Emergency Medicine, EURAC research, Bolzano, Italy

▶ Trabucchi Pietro

Sports performance Psychologist. Full Professor, University of Verona, Italy

▶ Walpoth Beat

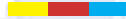
Director, Cardiovascular Research, Geneva University Hospital

▶ Yusif-zade Kenan

Head of Military Hospital of State Border Service of Azerbaijan Republic

18 April 2013

Morning



9.00-12.15 am

CONFERENCE OF MEDICAL COMMISSION CLUB ALPINO ITALIANO (CAI)

▶ **TOPICS** ■ **Doctors expedition** ■ **Solar irradiation and eye pathology at high altitude**

DIRECTOR OF CAI MEDICAL COMMISSION: *A. Rinaldi*



Afternoon



2.00-6.00 pm

CONFERENCE OF THE **CNSAS** (CORPO NAZIONALE SOCCORSO ALPINO E SPELEOLOGICO) / (ALPINE RESCUE TEAM OF ITALIAN ALPINE CLUB) AND **REGA** (SCHWEIZERISCHE RETTUNGSFLUGWACHT) / (GARDE AÉRIENNE SUISSE DE SAUVETAGE)

Past, Present and Future

Simultaneous translation will be provided

DIRECTORS OF CNSAS-REGA: *R. Albrecht (Medical Director REGA), M. Milani (Medical Director CNSAS), V. Zani (Deputy President CNSAS)*



2.00-6.00 pm

CONFERENCE OF **SiMEM** (ITALIAN SOCIETY OF MOUNTAIN MEDICINE)

Heart and Brain at High Altitude

DIRECTOR OF CONGRESS SiMEM: *Guido Giardini*



6.00 pm

Electrolution and Lightning: Clinical Case *Luca Barcella (Medical Commission Lombardia Country)*



Registration Form

Registration is required for all Congress participants. Send by fax to ARTCOM S.r.l. (+39 02 45491011), within 9th April, 2013

New Advances in Mountain Medicine and Emergency

Varese – 19 April 2013

Last Name

First Name

Professional Title

Company/Institution

Department/Division

Address

Postcode

City Country

Telephone Fax

E-mail

In accordance with the Italian law n° 196/2003, we warrant complete privacy of personal data. Personal data will be used only for communications concerning the meeting organization.

Confirm Signature

REGISTRATION FEE

- Physicians > Euro 100,00 (VAT included) > USD 130,00 (VAT included)
- Paramedics > Euro 70,00 (VAT included) > USD 90,00 (VAT included)
- Free for professional/non professional mountain practicing

Registration will be processed only if accompanied by total payment. Form without proof of payment will not be processed.

Registration fee must be paid in advance by bank transfer to ARTCOM S.r.l.

■ IBAN IT61Y083863265000000450445

■ BIC/SWIFT ICRAITMMAQØ

A copy of the transaction statement should be faxed on +39 02 45491011. The wire transfer should be inclusive of bank or any other charges.

FOR INFORMATION



Tel. +39 02 89540427 – Fax +39 02 45491011 – artcom@artcomsrl.it – www.artcomsrl.it

General Information

DATE

April, 19, 2013

CONGRESS VENUE

Atahotel – Via F. Albani, 73 – Varese, Italy

ORGANIZING SECRETARIAT

ARTCOM S.r.l.

Via Giuseppe Garibaldi, 13 – 20090 Buccinasco, Milano

Ph. + 39 0289540427 – Fax +39 02 45491011

artcom@artcomsrl.it – www.artcomsrl.it

SCIENTIFIC COMMITTEE

P. Bärtsch, L. Dominioni, E. Donegani, F. Elsensohn, G. Giardini,

M. Maggiorini, A. Rinaldi

REGISTRATION FEE

€ 100,00 / \$ 130,00 Physicians

€ 70,00 / \$ 90,00 Paramedics

Free for professional/non professional mountain practicing

The registration fee include:

access to the scientific sessions and exhibition area; conference kit;

certificate of participation

Light lunch available, on request by Organizing Secretariat, at the time of registration (NOT on site).

TERMS OF PAYMENT

Completed registration form together with the appropriate payment should be sent to the Organizing Secretariat.

Registration form without proof of payment will not be processed.

All payment should be made by bank transfer to ARTCOM S.r.l.

Bank details: Banca Credito Cooperativo filiale 015 di Buccinasco (MI).

IBAN IT61Y083863265000000450445 BIC/SWIFT ICRAITMMAQØ

Please, clearly state the name of the delegate and “NAMME Congress 2013”.

CANCELLATION POLICY

Cancellations have to be made in writing to ARTCOM S.r.l. Until March 22, 2013, 50% of the registration fee will be refunded.

Cancellations received after that date will not be entitled to any refund. All refunds will be processed and issued 60 days after the Congress.

CERTIFICATE OF ATTENDANCE

Certificate is issued on request at the end of the Congress.

BADGE POLICY

Badges will be distributed to all participants.

Wearing name badge is required for access to the Congress.

PROGRAM CHANGES

The Congress Organizers cannot assume liability for any changes in the program due to external or unforeseen circumstances. Please check the website for regular updates. The Congress Organizers reserve the right

to cancel, postpone, relocate or change any of the sessions or to add new sessions.

VISA requests

Depending on your citizenship, you may need to obtain a visa before coming to Italy. Visit the website www.esteri.it/visti/index_eng.asp in order to find out if it is the case and, consequently, get prepared to collect the necessary documents in due time for the application to the Italian Diplomatic and Consular Representations in your country of residence.

It is the delegate's responsibility to investigate the visa requirements for Italy and to apply for a visa, if necessary.

The Organizing Secretariat will not directly contact embassies/consulates on behalf of visa applicants.

Please note that if a visa is refused because of late application or incomplete form, the registration fee will not be refunded.

The **Official Invitation letter** to obtain entry visa should be request to the Organizing Secretariat. All expenses incurred in relation to the conference are the sole responsibility of the delegate.

CME ACCREDITATION

The Congress will be accredited by the Italian Health Ministry and the European Accreditation Council for Continuing Medical Education (EACCME).

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